## E-NOTICE

Date -01/12/2021

## Sub: commencing offline classes for **M.ED 2021-23 STUDENTS**

It is hereby informed to all the M.ED 2021-23 STUDENTS that the classes will be started from 08/12/2021. The students are advised to maintain all the COVID-19 protocols mentioned below while visiting the college campus.

## **COVID SAFETY NORMS:**

- 1. Wear mask. Use of gloves and cap is optional.
- 2. Avoid wearing metal accessories like rings, chains, bangles and amulets.
- To wash your hand frequently with soap and water, or may use sanitizer, if available. 3.
- Maintain social distance everywhere. 4.
- 5. Do not come to institution if you are having fever, cold or any other ailment.
- Do not touch your face with hand anytime unless it is washed clean. 6.
- 7. Do not form close clusters with friends.
- Do not share exercise books, copies, bags, or any other belonging of your friend/s. 8.
- Do not share food or drinking water with your friend/s or anyone. 9.
- Do sit at your assigned place. 10.
- Learn about COVID protocol attentively and follow the same in day to day life. 11.
- 12. Do not panic.
- 13. Spread awareness amongst your relatives at home.
- 14. Play innovative games maintaining Social distance.
- Learn how to fold arm over your mouth and nose before sneezing and coughing. 15.
- 16. Do not spit here and there.
- Flush the toilets adequately and wash your hand with soap once done. 17.
- Maintain social distance in class room, laboratory, library, corridors and everywhere you go. 18.
- 19. Paint innovative posters; write poems, essays, slogans on awareness against COVID.
- After reaching home wash uniform with detergent if you have another set. If that is not 20. possible keep the uniform isolated for twelve hours and put it under direct sunlight next day.
- 21. Wash your mask, gloves and cap in hot water and surely with soap and detergent.
- 22. Extend verbal assistance or gestures to peers who are not able to maintain social distancing and mask.
- Avoid junk food and eating out. Eat healthy food prepared at home. Drink hot 23. water/milk/soup at home.
- Last but not the least; remember you are the true fighter against this formidable threat 24. called COVID 19. We must win the battle by all will power and continuous perseverance. We must not allow COVID 19 to compromise our daily academic progress and achieving excellence.

With Thanks & Regards,

